



Essential Coach Training Program
Essential Training
January 26–April 22, 2024

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	Workshop 1 (CT) Friday January 26, 12:30–4:30pm Saturday, January 27, 9:00am–3:30pm	Zoom
Workshop 1 <i>continued</i>	Monday, February 5 11:30am–1:00pm CT	Live virtual class
Week 2	Monday, February 12 11:30am–1:00pm CT	Live virtual class
Week 3	Monday, February 19 11:30am–1:00pm CT	Live virtual class
Week 4	Monday, February 26 11:30am–1:00pm CT	Live virtual class
Week 5	Monday, March 4 11:30am–1:00pm CT	Live virtual class
Week 6	Monday, March 11 11:30am–1:00pm CT	Live virtual class
Week 7	Monday, March 18 11:30am–1:00pm CT	Live virtual class
Week 8	Monday, March 25 11:30am–12:30pm CT	Live virtual class
Week 9	Workshop 2 (CT) Friday, April 5, 12:30–4:30pm Saturday, April 6, 9:00am–3:30pm	Zoom
Week 10	Week of April 8 Observation Coaching Week	Observation Coaching Scheduled with a CCE Observation Coach
Week 11	Week of April 15 Observation Coaching Week	Observation Coaching Scheduled with a CCE Observation Coach
Week 12	Monday, April 22 11:30am–1:00pm CT	Final Essential Training Class