



**Essential Coach Training Program**  
**Essential-Associate Training**  
**January 27–May 20, 2023**

*Mastering the Fundamentals of Coaching*

<b>Week</b>	<b>Class Dates and Times</b>	<b>Notes</b>
Week 1	<b>Workshop 1 (CT)</b> Friday January 27, 12:30–4:30pm Saturday, January 28, 9:00am–3:00pm	<i>Online–Zoom</i>
Workshop 1 <i>continued</i>	Monday, February 6 11:30am–1:00pm CT	Live virtual class
Week 2	Monday, February 13 11:30am–1:00pm CT	Live virtual class
Week 3	Monday, February 20 11:30am–1:00pm CT	Live virtual class
Week 4	Monday, February 27 11:30am–1:00pm CT	Live virtual class
Week 5	Monday, March 6 11:30am–1:00pm CT	Live virtual class
Week 6	Monday, March 13 11:30am–1:00pm CT	Live virtual class
Week 7	Monday, March 20 11:30am–1:00pm CT	Live virtual class
Week 8	Monday, March 27 11:30am–12:30pm CT (one-hour class)	Live virtual class
Week 9	<b>Workshop 2 (CT)</b> Friday, March 31, 12:30–4:30pm Saturday, April 1, 9:00am–3:00pm	<i>Online–Zoom</i>
Week 10	Week of April 3 Observation Coaching Week	Scheduled with an CCE Observation Coach
Week 11	Week of April 10 Observation Coaching Week	Scheduled with an CCE Observation Coach
Week 12	Monday, April 17 11:30am–1:00pm CT	Live-Virtual Class
Week 13	Monday, April 24 11:30am–1:00pm CT	Live virtual class
Week 14	Monday, May 1 11:30am–1:00pm CT	Live virtual class
Week 15	Monday, May 8 11:30am–1:00pm CT	Live virtual class
Week 16	<b>Workshop 3 (CT)</b> Friday, May 19, 12:30–4:30pm Saturday, May 20, 9:00am–3:00pm	<i>Online–Zoom</i>