



Essential Coach Training Program
Essential-Associate Training
January 24–May 24, 2025

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	Workshop 1 (CT) Friday January 24, 12:30–4:30pm Saturday, January 25, 9:00am–3:30pm	Zoom
Workshop 1 <i>continued</i>	Monday, February 3 11:30am–1:00pm CT	Live virtual class
Week 2	Monday, February 10 11:30am–1:00pm CT	Live virtual class
Week 3	Monday, February 17 11:30am–1:00pm CT	Live virtual class
Week 4	Monday, February 24 11:30am–1:00pm CT	Live virtual class
Week 5	Monday, March 3 11:30am–1:00pm CT	Live virtual class
Week 6	Monday, March 10 11:30am–1:00pm CT	Live virtual class
Week 7	Monday, March 17 11:30am–1:00pm CT	Live virtual class
Week 8	Monday, March 24 11:30am–1:00pm CT	Live virtual class
Week 9	Workshop 2 (CT) Friday, April 4, 12:30–4:30pm Saturday, April 5, 9:00am–3:30pm	Zoom
Week 10	Week of April 7 Observation Coaching Week	Observation Coaching Scheduled with a CCE Observation Coach
Week 11	Week of April 14 Observation Coaching Week	Observation Coaching Scheduled with a CCE Observation Coach
Week 12	Monday, April 21 11:30am–1:00pm CT	Live-Virtual Class
Week 13	Monday, April 28 11:30am–1:00pm CT	Live virtual class
Week 14	Monday, May 5 11:30am–1:00pm CT	Live virtual class
Week 15	Monday, May 12 11:30am–1:00pm CT	Live virtual class
Week 16	Workshop 3 (CT) Friday, May 23, 12:30–4:30pm Saturday, May 24, 9:00am–3:30pm	Zoom