



**Essential Coach Training Program**  
**Essential-Associate Training**  
**September 13, 2024–February 1, 2025**

*Mastering the Fundamentals of Coaching*

<b>Week</b>	<b>Class Dates and Times</b>	<b>Notes</b>
Week 1	<b>Workshop 1 (CT)</b> Friday September 13, 12:30–4:30pm Saturday, September 14, 9:00am–4:30pm	Zoom
Workshop 1 <i>continued</i>	Wednesday, September 25 11:30am–1:00pm CT	Live virtual class
Week 2	Wednesday, October 2 11:30am–1:00pm CT	Live virtual class
Week 3	Wednesday, October 9 11:30am–1:00pm CT	Live virtual class
Week 4	Wednesday, October 16 11:30am–1:00pm CT	Live virtual class
Week 5	Wednesday, October 23 11:30am–1:00pm CT	Live virtual class
Week 6	Wednesday, October 30 11:30am–1:00pm CT	Live virtual class
Week 7	Wednesday, November 6 11:30am–1:00pm CT	Live virtual class
Week 8	Wednesday, November 13 11:30am–1:00pm CT	Live virtual class
Week 9	<b>Workshop 2 (CT)</b> Friday, November 22, 12:30–4:30pm Saturday, November 23, 9:00am–4:30pm	Zoom
Week 10	Week of November 25	Observation Coaching Scheduled with a CCE Observation Coach
Week 11	Week of December 2	Observation Coaching Scheduled with a CCE Observation Coach
Week 12	Wednesday, December 11 11:30am–1:00pm CT	Live virtual class
<b>Holiday Break</b>		
Week 13	Wednesday, January 8, 2025 11:30am–1:00pm CT	Live virtual class
Week 14	Wednesday, January 15 11:30am–1:00pm CT	Live virtual class
Week 15	Wednesday, January 22 11:30am–1:00pm CT	Live virtual class
Week 16	<b>Workshop 3 (CT)</b> Friday, January 31, 12:30–4:30pm Saturday, February 1, 9:00am–4:30pm	Final Workshop Zoom