



**Essential Coach Training Program**  
**Essential-Associate Training**  
**September 12, 2025–January 31, 2026**

*Mastering the Fundamentals of Coaching*

<b>Week</b>	<b>Class Dates and Times</b>	<b>Notes</b>
Week 1	<b>Workshop 1 (CT)</b> Friday September 12, 12:30–4:30pm Saturday, September 13, 9:00am–4:30pm	Zoom
Workshop 1 <i>continued</i>	Wednesday, September 24 11:30am–1:00pm CT	Live virtual class
Week 2	Wednesday, October 1 11:30am–1:00pm CT	Live virtual class
Week 3	Wednesday, October 8 11:30am–1:00pm CT	Live virtual class
Week 4	Wednesday, October 15 11:30am–1:00pm CT	Live virtual class
Week 5	Wednesday, October 22 11:30am–1:00pm CT	Live virtual class
Week 6	Wednesday, October 29 11:30am–1:00pm CT	Live virtual class
Week 7	Wednesday, November 5 11:30am–1:00pm CT	Live virtual class
Week 8	Wednesday, November 12 11:30am–1:00pm CT	Live virtual class
Week 9	<b>Workshop 2 (CT)</b> Friday, November 21, 12:30–4:30pm Saturday, November 22, 9:00am–4:30pm	Zoom
Week 10	Week of November 24	Observation Coaching Scheduled with a CCE Observation Coach
Week 11 + 12	Wednesday, December 3 11:30am–1:00pm CT	Live virtual class + Observation Coaching Scheduled with a CCE Observation Coach
<b>Holiday Break</b>		
Week 13	Wednesday, January 7 11:30am–1:00pm CT	Live virtual class
Week 14	Wednesday, January 14 11:30am–1:00pm CT	Live virtual class
Week 15	Wednesday, January 21 11:30am–1:00pm CT	Live virtual class
Week 16	<b>Workshop 3 (CT)</b> Friday, January 30, 12:30–4:30pm Saturday, January 31, 9:00am–4:30pm	Final Workshop Zoom