



**Essential Coach Training Program**  
**Essential Training**  
**January 24–April 21, 2025**

*Mastering the Fundamentals of Coaching*

<b>Week</b>	<b>Class Dates and Times</b>	<b>Notes</b>
Week 1	<b>Workshop 1 (CT)</b> Friday January 24, 12:30–4:30pm Saturday, January 25, 9:00am–3:30pm	Zoom
Workshop 1 <i>continued</i>	Monday, February 3 11:30am–1:00pm CT	Live virtual class
Week 2	Monday, February 10 11:30am–1:00pm CT	Live virtual class
Week 3	Monday, February 17 11:30am–1:00pm CT	Live virtual class
Week 4	Monday, February 24 11:30am–1:00pm CT	Live virtual class
Week 5	Monday, March 3 11:30am–1:00pm CT	Live virtual class
Week 6	Monday, March 10 11:30am–1:00pm CT	Live virtual class
Week 7	Monday, March 17 11:30am–1:00pm CT	Live virtual class
Week 8	Monday, March 24 11:30am–1:00pm CT	Live virtual class
Week 9	<b>Workshop 2 (CT)</b> Friday, April 4, 12:30–4:30pm Saturday, April 5, 9:00am–3:30pm	Zoom
Week 10	Week of April 7 Observation Coaching Week	Observation Coaching Scheduled with a CCE Observation Coach
Week 11	Week of April 14 Observation Coaching Week	Observation Coaching Scheduled with a CCE Observation Coach
Week 12	Monday, April 21 11:30am–1:00pm CT	Live-Virtual Class