



# Essential Coach Training Program

## Level 1 Essential Training

March 14–June 4, 2025

*Mastering the Fundamentals of Coaching*

Week	Class Dates and Times	Notes
Week 1	<b>Workshop 1 (CT)</b> Friday, March 14, 12:30–4:30pm Saturday, March 15, 9:00am–3:30pm	Zoom
Workshop 1 <i>continued</i>	Wednesday, March 26 11:00am–12:30pm	Live virtual class
Week 2	Wednesday, April 2 11:00am–12:30pm	Live virtual class
Week 3	Wednesday, April 9 11:00am–12:30pm	Live virtual class
Week 4	Wednesday, April 16 11:00am–12:30pm	Live virtual class
Week 5	Wednesday, April 23 11:00am–12:30pm	Live virtual class
Week 6	Wednesday, April 30 11:00am–12:30pm	Live virtual class
Week 7	Wednesday, May 7 11:00am–12:30pm	Live virtual class
Weeks 8 + 9	<b>Workshop 2 (CT)</b> Friday, May 16, 12:30–4:30pm Saturday, May 17, 9:00am–3:30pm	Zoom
Week 10	Week of May 19 Observation Coaching Week	Scheduled with a CCE Observation Coach
Week 11	Week of May 26 Observation Coaching Week	Scheduled with a CCE Observation Coach
Week 12	Wednesday, June 4 11:00am–12:30pm	Live virtual class