



# Essential Coach Training Program

Essential Training  
August 1–November 3, 2025

*Mastering the Fundamentals of Coaching*

Week	Class Dates and Times	Notes
Week 1	Workshop 1 (CT) Friday August 1, 12:30–4:30pm Saturday, August 2, 9:00am–4:30pm	<i>Zoom</i>
Workshop 1 <i>continued</i>	Monday, August 11 11:30am–1:00pm CT	Live virtual class
Week 2	Monday, August 18 11:30am–1:00pm CT	Live virtual class
Week 3	Monday, August 25 11:30am–1:00pm CT	Live virtual class
<i>Labor Day Off</i>		
Week 4	Monday, September 8 11:30am–1:00pm CT	Live virtual class
Week 5	Monday, September 15 11:30am–1:00pm CT	Live virtual class
Week 6	Monday, September 22 11:30am–1:00pm CT	Live virtual class
Week 7	Monday, September 29 11:30am–1:00pm CT	Live virtual class
Week 8	Monday, October 6 11:30am–1:00pm CT	Live virtual class
Week 9	Workshop 2 (CT) Friday, October 17, 12:30–4:30pm Saturday, October 18, 9:00am–4:30pm	<i>Zoom</i>
Week 10	Week of October 20	Observation Coaching Scheduled with a CCE Observation Coach
Week 11	Week of October 27	Observation Coaching Scheduled with a CCE Observation
Week 12	Monday, November 3 11:30am–1:00pm CT	Live virtual class