



Essential Coach Training Program
Essential Training
September 13–December 11, 2024

Mastering the Fundamentals of Coaching

| Week | Class Dates and Times | Notes |
|--------------------------------|--|--|
| Week 1 | Workshop 1 (CT) Friday September 13, 12:30–4:30pm Saturday, September 14, 9:00am–4:30pm | Zoom |
| Workshop 1 <i>continued</i> | Wednesday, September 25 11:30am–1:00pm CT | Live virtual class |
| Week 2 | Wednesday, October 2 11:30am–1:00pm CT | Live virtual class |
| Week 3 | Wednesday, October 9 11:30am–1:00pm CT | Live virtual class |
| Week 4 | Wednesday, October 16 11:30am–1:00pm CT | Live virtual class |
| Week 5 | Wednesday, October 23 11:30am–1:00pm CT | Live virtual class |
| Week 6 | Wednesday, October 30 11:30am–1:00pm CT | Live virtual class |
| Week 7 | Wednesday, November 6 11:30am–1:00pm CT | Live virtual class |
| Week 8 | Wednesday, November 13 11:30am–1:00pm CT | Live virtual class |
| Week 9 | Workshop 2 (CT) Friday, November 22, 12:30–4:30pm Saturday, November 23, 9:00am–4:30pm | Zoom |
| Week 10 | Week of November 25 | Observation Coaching Scheduled with a CCE Observation Coach |
| Week 11 | Week of December 2 | Observation Coaching Scheduled with a CCE Observation Coach |
| Week 12 | Wednesday, December 11 11:30am–1:00pm CT | Final live virtual class |