



Essential Coach Training Program
Essential Training
September 12, 2025–December 3, 2025

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	Workshop 1 (CT) Friday September 12, 12:30–4:30pm Saturday, September 13, 9:00am–4:30pm	Zoom
Workshop 1 <i>continued</i>	Wednesday, September 24 11:30am–1:00pm CT	Live virtual class
Week 2	Wednesday, October 1 11:30am–1:00pm CT	Live virtual class
Week 3	Wednesday, October 8 11:30am–1:00pm CT	Live virtual class
Week 4	Wednesday, October 15 11:30am–1:00pm CT	Live virtual class
Week 5	Wednesday, October 22 11:30am–1:00pm CT	Live virtual class
Week 6	Wednesday, October 29 11:30am–1:00pm CT	Live virtual class
Week 7	Wednesday, November 5 11:30am–1:00pm CT	Live virtual class
Week 8	Wednesday, November 12 11:30am–1:00pm CT	Live virtual class
Week 9	Workshop 2 (CT) Friday, November 21, 12:30–4:30pm Saturday, November 22, 9:00am–4:30pm	Zoom
Week 10	Week of November 24	Observation Coaching Scheduled with a CCE Observation Coach
Week 11 + 12	Wednesday, December 3 11:30am–1:00pm CT	Live virtual class + Observation Coaching Scheduled with a CCE Observation Coach