



# Essential Coach Training Program

## Level 1 Essential-Associate Training

March 6–June 27, 2026

*Mastering the Fundamentals of Coaching*

Week	Class Dates and Times	Notes
Week 1	<b>Workshop 1 (CT)</b> Friday, March 6, 12:30–4:30pm Saturday, March 7, 9:00am–3:30pm	Zoom
Workshop 1 <i>continued</i>	Wednesday, March 18 11:00am–12:30pm	Live virtual class
Week 2	Wednesday, March 25 11:00am–12:30pm	Live virtual class
Week 3	Wednesday, April 1 11:00am–12:30pm	Live virtual class
Week 4	Wednesday, April 8 11:00am–12:30pm	Live virtual class
Week 5	Wednesday, April 15 11:00am–12:30pm	Live virtual class
Week 6	Wednesday, April 22 11:00am–12:30pm	Live virtual class
Week 7	Wednesday, April 29 11:00am–12:30pm	Live virtual class
Weeks 8 + 9	<b>Workshop 2 (CT)</b> Friday, May 8, 12:30–4:30pm Saturday, May 9, 9:00am–3:30pm	Zoom
Week 10	Week of May 11 Observation Coaching Week	Scheduled with a CCE Observation Coach
Week 11	Week of May 18 Observation Coaching Week	Scheduled with a CCE Observation Coach
Week 12	Wednesday, May 27 11:00am–12:30pm	Live virtual class
Week 13	Wednesday, June 3 11:00am–12:30pm	Live virtual class
Week 14	Wednesday, June 10 11:00am–12:30pm	Live virtual class
Week 15	Wednesday, June 17 11:00am–12:30pm	Live virtual class
Week 16	<b>Workshop 3 (CT)</b> Friday, June 26, 12:30–4:30pm Saturday, June 27, 9:00am–3:30pm	Zoom