



Essential Coach Training Program

Level 1 Essential-Associate Training

August 7–December 5, 2026

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	Workshop 1 (CT) Friday, August 7, 12:30–4:30pm Saturday, August 8, 9:00am-4:30pm	Zoom
Workshop 1 <i>continued</i>	Monday, August 17 11:30am–1:00pm CT	Live virtual class
Week 2	Monday, August 24 11:30am–1:00pm CT	Live virtual class
Week 3	Monday, August 31 11:30am–1:00pm CT	Live virtual class
<i>Labor Day Off</i>		
Week 4	Monday, September 14 11:30am-1:00pm CT	Live virtual class
Week 5	Monday, September 21 11:30am–1:00pm CT	Live virtual class
Week 6	Monday, September 28 11:30am–1:00pm CT	Live virtual class
Week 7	Monday, October 5 11:30am–1:00pm CT	Live virtual class
Week 8	Monday, October 12 11:30am–1:00pm CT	Live virtual class
Week 9	Workshop 2 (CT) Friday, October 23, 12:30–4:30pm Saturday, October 24, 9:00am-4:30pm	Zoom
Week 10	Week of October 26	Observation Coaching Scheduled with a CCE Observation Coach
Week 11	Week of November 2	Observation Coaching Scheduled with a CCE Observation Coach
Week 12	Monday, November 9 11:30am–1:00pm CT	Live virtual class
Week 13	Monday, November 16 11:30am–1:00pm CT	Live virtual class
Week 14	Monday, November 23 11:30am–1:00pm CT	Live virtual class
Weeks 15 + 16	Workshop 3 (CT) Friday, December 4, 12:30–4:30pm Saturday, December 5, 9:00am-4:30pm	Zoom