



Essential Coach Training Program

Level 1 Essential-Associate Training

September 11, 2026–January 30, 2027

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	Workshop 1 (CT) Friday, September 11, 12:30–4:30pm Saturday, September 12, 9:00am–4:30pm	Zoom
Workshop 1 <i>continued</i>	Wednesday, September 23 11:30am–1:00pm CT	Live virtual class
Week 2	Wednesday, September 30 11:30am–1:00pm CT	Live virtual class
Week 3	Wednesday, October 7 11:30am–1:00pm CT	Live virtual class
Week 4	Wednesday, October 14 11:30am–1:00pm CT	Live virtual class
Week 5	Wednesday, October 21 11:30am–1:00pm CT	Live virtual class
Week 6	Wednesday, October 28 11:30am–1:00pm CT	Live virtual class
Week 7	Wednesday, November 4 11:30am–1:00pm CT	Live virtual class
Weeks 8 + 9	Workshop 2 (CT) Friday, November 13, 12:30–4:30pm Saturday, November 14, 9:00am–4:30pm	Zoom
Week 10	Week of November 16	Observation Coaching Scheduled with a CCE Observation Coach
Week 11	Week of November 23	Observation Coaching Scheduled with a CCE Observation Coach
Week 12	Wednesday, December 2 11:30am–1:00pm CT	Live virtual class
Holiday Break		
Week 13	Wednesday, January 6 11:30am–1:00pm CT	Live virtual class
Week 14	Wednesday, January 13 11:30am–1:00pm CT	Live virtual class
Week 15	Wednesday, January 20 11:30am–1:00pm CT	Live virtual class
Week 16	Workshop 3 (CT) Friday, January 29, 12:30–4:30pm Saturday, January 30, 9:00am–4:30pm	Final Workshop Zoom