



Professional Training
Refining Your Coaching Skills, Part 1
March 20–September 25, 2025

Refining Your Coaching Skills

Week	Class Dates and Times	Notes
	Orientation Thursday, March 20 11:30am–12:30pm CT	Zoom
Week 1	Thursday, March 27 Mindset is Causative 11:30am–1:00pm CT	Live virtual class
Week 2	Thursday, April 3 Mindset is Causative 11:30am–1:00pm CT	Live virtual class
Week 3	Thursday, April 10 Mindset is Causative 11:30am–1:00pm CT	Live virtual class
Week 4	Thursday, April 17 Mindset is Causative 11:30am–1:00pm CT	Live virtual class
Week 5	Thursday, April 24 Mindset is Causative 11:30am–1:00pm CT	Live virtual class
Week 6	Thursday, May 1 Mindset is Causative 11:30am–1:00pm CT	Live virtual class
Week 7	Thursday, May 8 Mindset is Causative 11:30am–1:00pm CT	Live virtual class
Week 8	Thursday, May 15 The Art of Coaching with Neuroscience 11:30am–1:00pm CT	Live virtual class
Week 9	Thursday, May 22 The Art of Coaching with Neuroscience 11:30am–1:00pm CT	Live virtual class
Week 10	Thursday, May 29 The Art of Coaching with Neuroscience 11:30am–1:00pm CT	Live virtual class
Week 11	Thursday, June 5 The Art of Coaching with Neuroscience 11:30am–1:00pm CT	Live virtual class
Week 12	Thursday, June 12 The Art of Coaching with Neuroscience 11:30am–1:00pm CT	Live virtual class
Week 13	Thursday, June 19 The Art of Coaching with Neuroscience 11:30am–1:00pm CT	Live virtual class

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SUMMER BREAK

Week 14	Thursday, August 14 Foundational PCC Practicum 11:30am–1:00pm CT	Live virtual class
Week 15	Thursday, August 21 Foundational PCC Practicum 11:30am–1:00pm CT	Live virtual class
Week 16	Thursday, August 28 Foundational PCC Practicum 11:30am–1:00pm CT	Live virtual class
Week 17	Thursday, September 4 Foundational PCC Practicum 11:30am–1:00pm CT	Live virtual class
Week 18	Thursday, September 11 Foundational PCC Practicum 11:30–1:00pm CT	Live virtual class
Week 19	Thursday, September 18 Foundational PCC Practicum 11:30–1:00pm CT	Live virtual class
Week 20	Thursday, September 25 Foundational PCC Practicum 11:30–1:00pm CT	Live virtual class



Professional Training
Refining Your Coaching Skills, Part 2
October 23, 2025–April 23, 2026

Refining Your Coaching Skills

Week	Class Dates and Times	Notes
Week 1	Thursday, October 23 Effective Versus Ineffective Questions 11:30am–1:00pm CT	Zoom
Week 2	Thursday, October 30 Effective Versus Ineffective Questions 11:30am–1:00pm CT	Live virtual class
Week 3	Thursday, November 6 Effective Versus Ineffective Questions 11:30am–1:00pm CT	Live virtual class
Week 4	Thursday, November 13 Effective Versus Ineffective Questions 11:30am–1:00pm CT	Live virtual class
Week 5	Thursday, November 20 Effective Versus Ineffective Questions 11:30am–1:00pm CT	Live virtual class
Holiday Break		
Week 6	Thursday, January 8 Interconnecting with the Whole Person 11:30am–1:00pm CT	Live virtual class
Week 7	Thursday, January 15 Interconnecting with the Whole Person 11:30am–1:00pm CT	Live virtual class
Week 8	Thursday, January 22 Interconnecting with the Whole Person 11:30am–1:00pm CT	Live virtual class
Week 9	Thursday, January 29 Interconnecting with the Whole Person 11:30am–1:00pm CT	Live virtual class
Week 10	Thursday, February 5 Interconnecting with the Whole Person 11:30am–1:00pm CT	Live virtual class
Week 11	Thursday, February 12 Interconnecting with the Whole Person 11:30am–1:00pm CT	Live virtual class
Week 12	Thursday, February 19 Interconnecting with the Whole Person 11:30am–1:00pm CT	Live virtual class

Break		
Week 13	Thursday, March 5 Leadership and Executive Coaching 11:30am–1:00pm CT	Live virtual class
Week 14	Thursday, March 12 Leadership and Executive Coaching 11:30am–1:00pm CT	Live virtual class
Week 15	Thursday, March 19 Leadership and Executive Coaching 11:30am–1:00pm CT	Live virtual class
Week 16	Thursday, March 26 Leadership and Executive Coaching 11:30am–1:00pm CT	Live virtual class
Week 17	Thursday, April 2 Leadership and Executive Coaching 11:30am–1:00pm CT	Live virtual class
Week 18	Thursday, April 9 Leadership and Executive Coaching 11:30am–1:00pm CT	Live virtual class
Week 19	Thursday, April 16 Leadership and Executive Coaching 11:30am–1:00pm CT	Live virtual class
Week 20	Thursday, April 23 PCC Final Class 11:30am–12:30pm CT	Zoom