



Essential Coach Training Program

Level 1 Essential Training

September 19, 2025–January 8, 2026

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	Workshop 1 (CT) Friday, September 19, 12:30–4:30pm Saturday, September 20, 9:00am–4:30pm	In-person
Workshop 1 <i>continued</i>	Thursday, October 2 9:00am–10:30am CT	Live virtual class
Week 2	Thursday, October 9 9:00am–10:30am CT	Live virtual class
Week 3	Thursday, October 16 9:00am–10:30am CT	Live virtual class
Week 4	Thursday, October 23 9:00am–10:30am CT	Live virtual class
Week 5	Thursday, October 30 9:00am–10:30am CT	Live virtual class
Week 6	Thursday, November 6 9:00am–10:30am CT	Live virtual class
Week 7	Thursday, November 13 9:00am–10:30am CT	Live virtual class
Week 8	Thursday, November 20 9:00am–10:30am CT	Live virtual class
Week 9	Workshop 2 (CT) Friday, December 5, 12:30–4:30pm Saturday, December 6, 9:00am–4:30pm	Zoom
Week 10	Week of December 8	Observation Coaching Scheduled with a CCE Observation Coach
Week 11	Week of December 15	Observation Coaching Scheduled with a CCE Observation Coach
Holiday Break		
Week 12	Thursday, January 8 9:00am–10:30am CT	Live virtual class