



Essential Coach Training Program
Level 1 Essential Training
February 21–May 20, 2025

Mastering the Fundamentals of Coaching

Week	Class Dates and Times	Notes
Week 1	Workshop 1 (CT) Friday, February 21, 12:30–4:30pm Saturday, February 22, 9:00am–3:30pm	In-person (San Antonio)
Workshop 1 <i>continued</i>	Tuesday, March 4 9:00am–10:30am	Live virtual class
Week 2	Tuesday, March 11 9:00am–10:30am	Live virtual class
Week 3	Tuesday, March 18 9:00am–10:30am	Live virtual class
Week 4	Tuesday, March 25 9:00am–10:30am	Live virtual class
Week 5	Tuesday, April 1 9:00am–10:30am	Live virtual class
Week 6	Tuesday, April 8 9:00am–10:30am	Live virtual class
Week 7	Tuesday, April 15 9:00am–10:30am	Live virtual class
Week 8	Tuesday, April 22 9:00am–10:30am	Live virtual class
Week 9	Workshop 2 (CT) Friday, May 2, 12:30–4:30pm Saturday, May 3, 9:00am–3:30pm	Zoom
Week 10	Week of May 5	Observation Coaching Scheduled with a CCE Observation Coach
Week 11	Week of May 12	Observation Coaching Scheduled with a CCE Observation Coach
Week 12	Tuesday, May 20 9:00am–10:30am	Final live virtual class